SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

APROBAT
MANAGER

Av. STROE ADRIANA

MENIU SAPTAMANAL

- ACEST MENIU POATE SUFERI MODIFICARI IN FUNCTIE DE RECOMANDARILE MEDICALE, DE NECESITATILE NUTRITIONALE ALE PACIENTILOR SAU DE DISPONIBILITATEA ALIMENTELOR

3.08.2026 - 9.08.2026

NR. 2148 / 3.08.2026

DIRECTOR MEDICAL,
DR. MOISESCU VLAD ANDREI

DIRECTOR FIN. CONTABIL,
EC. CEAPA SOFICA

CPIAAM,
AS. PR. IG. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE LUNI - 3.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PUI CU TAITETI 300 ML * PILAF DE OREZ CU CIUPERCI SI LEGUME 200 G CARNE PUI LA CUPTOR 90 G ARDEI COPTI CAPIA 100G ,PAINE 200 gr *	PRAJITURA 45 G	SALAM CU SUNCA TARANESC 50 G SALATA DE VINETE 100G , UNT 20G , OU FIERT 60 G , PAINE 100G , CEAI 250 ML
CARDIACI	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PUI CU TAITETI 300 ML * PILAF DE OREZ CU CIUPERCI SI LEGUME 200 G CARNE PUI LA CUPTOR 90 G ARDEI COPTI CAPIA 100G ,PAINE 200 gr *	PRAJITURA 45 G	SALAM CU SUNCA TARANESC 50 G SALATA DE VINETE 100G , UNT 20G , OU FIERT 60 G , PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PUI CU TAITETI 300 ML * PILAF DE OREZ CU CIUPERCI SI LEGUME 200 G CARNE PUI LA CUPTOR 90 G ARDEI COPTI CAPIA 100G ,PAINE 200 gr *	PRAJITURA 45 G	SALAM CU SUNCA TARANESC 50 G SALATA DE VINETE 100G , UNT 20G , OU FIERT 60 G , PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PUI CU TAITETI 300 ML * PILAF DE OREZ CU CIUPERCI SI LEGUME 200 G CARNE PUI LA CUPTOR 90 G ARDEI COPTI CAPIA 100G ,PAINE 200 gr *	PRAJITURA 45 G	SALAM CU SUNCA TARANESC 50 G SALATA DE VINETE 100G , UNT 20G , OU FIERT 60 G , PAINE 100G , CEAI 250 ML
DIABET	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	BISC DIGESTIVI 50 G BR CU SMANTANA 100G	CIORBA DE PUI CU TAITETI 300 ML * PILAF DE OREZ CU CIUPERCI SI LEGUME 200 G CARNE PUI LA CUPTOR 90 G ARDEI COPTI CAPIA 100G ,PAINE 200 gr *	MAR 100 G	SALAM CU SUNCA TARANESC 50 G SALATA DE VINETE 100G , UNT 20G , OU FIERT 60 G , PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PUI CU TAITETI 300 ML * PILAF DE OREZ CU CIUPERCI SI LEGUME 200 G CARNE PUI LA CUPTOR 90 G ARDEI COPTI CAPIA 100G ,PAINE 200 gr *	PRAJITURA 45 G	SALAM CU SUNCA TARANESC 50 G SALATA DE VINETE 100G , UNT 20G , OU FIERT 60 G , PAINE 100G , CEAI 250 ML
HEPATIC	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PUI CU TAITETI 300 ML * PILAF DE OREZ CU CIUPERCI SI LEGUME 200 G CARNE PUI LA CUPTOR 90 G ARDEI COPTI CAPIA 100G ,PAINE 200 gr *	PRAJITURA 45 G	SALAM CU SUNCA TARANESC 50 G SALATA DE VINETE 100G , UNT 20G , OU FIERT 60 G , PAINE 100G , CEAI 250 ML
DESODAT	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PUI CU TAITETI 300 ML * PILAF DE OREZ CU CIUPERCI SI LEGUME 200 G CARNE PUI LA CUPTOR 90 G ARDEI COPTI CAPIA 100G ,PAINE 200 gr *	PRAJITURA 45 G	SALAM CU SUNCA TARANESC 50 G SALATA DE VINETE 100G , UNT 20G , OU FIERT 60 G , PAINE 100G , CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE MARTI - 4.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	SUNCA 50 G , CASCAVAL 50 G PAINE 100 G , CEAI 250 ML	SALAM DE BISCUITI 70 G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * GHIVECI ASORTAT CU FRIPTURA PUI LA CUPTOR 200G / 90 G , CASTRAVETI / GOGOSARI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 55G	GEM 20G , UNT 20G , TELEMEA DE VACA 50 G ,PASTE FAINOASE CUSOIS SO MCARNATI 200G PAINE 100G , CEAI 250 ML ,
CARDIACI	SUNCA 50 G , CASCAVAL 50 G PAINE 100 G , CEAI 250 ML	SALAM DE BISCUITI 70 G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * GHIVECI ASORTAT CU FRIPTURA PUI LA CUPTOR 200G / 90 G , CASTRAVETI / GOGOSARI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 55G	GEM 20G , UNT 20G , TELEMEA DE VACA 50 G ,PASTE FAINOASE CUSOIS SO MCARNATI 200G PAINE 100G , CEAI 250 ML ,
COPII 3-16 ANI	SUNCA 50 G , CASCAVAL 50 G PAINE 100 G , CEAI 250 ML	SALAM DE BISCUITI 70 G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * GHIVECI ASORTAT CU FRIPTURA PUI LA CUPTOR 200G / 90 G , CASTRAVETI / GOGOSARI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 55G	GEM 20G , UNT 20G , TELEMEA DE VACA 50 G ,PASTE FAINOASE CUSOIS SO MCARNATI 200G PAINE 100G , CEAI 250 ML ,
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	SUNCA 50 G , CASCAVAL 50 G PAINE 100 G , CEAI 250 ML	TURTA DULCE 100G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * GHIVECI ASORTAT CU FRIPTURA PUI LA CUPTOR 200G / 90 G , CASTRAVETI / GOGOSARI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 55G	GEM 20G , UNT 20G , TELEMEA DE VACA 50 G ,PASTE FAINOASE CUSOIS SO MCARNATI 200G PAINE 100G , CEAI 250 ML ,
DIABET	SUNCA 50 G , CASCAVAL 50 G PAINE 100 G , CEAI 250 ML	BISC DIG 60 G BR SMANT 100G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * GHIVECI ASORTAT CU FRIPTURA PUI LA CUPTOR 200G / 90 G , CASTRAVETI / GOGOSARI IN OTET 100G ,PAINE 200 gr *	MAR 100G	GEM 20G , UNT 20G , TELEMEA DE VACA 50 G ,PASTE FAINOASE CUSOIS SO MCARNATI 200G PAINE 100G , CEAI 250 ML ,
BILIAR /GASTRIC	SUNCA 50 G , CASCAVAL 50 G PAINE 100 G , CEAI 250 ML	TURTA DULCE 100G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * GHIVECI ASORTAT CU FRIPTURA PUI LA CUPTOR 200G / 90 G , CASTRAVETI / GOGOSARI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 55G	GEM 20G , UNT 20G , TELEMEA DE VACA 50 G ,PASTE FAINOASE CUSOIS SO MCARNATI 200G PAINE 100G , CEAI 250 ML ,
HEPATIC	SUNCA 50 G , CASCAVAL 50 G PAINE 100 G , CEAI 250 ML	HALVA 50G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * GHIVECI ASORTAT CU FRIPTURA PUI LA CUPTOR 200G / 90 G , CASTRAVETI / GOGOSARI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 55G	GEM 20G , UNT 20G , TELEMEA DE VACA 50 G ,PASTE FAINOASE CUSOIS SO MCARNATI 200G PAINE 100G , CEAI 250 ML ,
DESODAT	SUNCA 50 G , CASCAVAL 50 G PAINE 100 G , CEAI 250 ML	EUGENIA 35 G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * GHIVECI ASORTAT CU FRIPTURA PUI LA CUPTOR 200G / 90 G , CASTRAVETI / GOGOSARI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 55G	GEM 20G , UNT 20G , TELEMEA DE VACA 50 G ,PASTE FAINOASE CUSOIS SO MCARNATI 200G PAINE 100G , CEAI 250 ML ,

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE MIERCURI - 5.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	BRANZA PROASPATA 50 G CRENVURSTI 50 G / MASLINE 50G PAINE 100 GR ,CEAI 250 ml	CORN 45 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * PAINE 200G , CARTOFI TARANESTI CU CARNE PUI LA CUPTOR 200G / 90G , CASTRAVETI / GOGOSARI IN OTET 100G	TURTA DULCE 100 G COMPOT 150 ML	SALAM 50G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
CARDIACI	BRANZA PROASPATA 50 G CRENVURSTI 50 G / MASLINE 50G PAINE 100 GR ,CEAI 250 ml	CORN 45 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * PAINE 200G , CARTOFI TARANESTI CU CARNE PUI LA CUPTOR 200G / 90G , CASTRAVETI / GOGOSARI IN OTET 100G	TURTA DULCE 100 G COMPOT 150 ML	SALAM 50G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	BRANZA PROASPATA 50 G CRENVURSTI 50 G / MASLINE 50G PAINE 100 GR ,CEAI 250 ml	CORN 45 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * PAINE 200G , CARTOFI TARANESTI CU CARNE PUI LA CUPTOR 200G / 90G , CASTRAVETI / GOGOSARI IN OTET 100G	TURTA DULCE 100 G COMPOT 150 ML	SALAM 50G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	BRANZA PROASPATA 50 G CRENVURSTI 50 G / MASLINE 50G PAINE 100 GR ,CEAI 250 ml	CORN 45 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * PAINE 200G , CARTOFI TARANESTI CU CARNE PUI LA CUPTOR 200G / 90G , CASTRAVETI / GOGOSARI IN OTET 100G	TURTA DULCE 100 G COMPOT 150 ML	SALAM 50G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
DIABET	BRANZA PROASPATA 50 G CRENVURSTI 50 G / MASLINE 50G PAINE 100 GR ,CEAI 250 ml	BISCUITI DIGESTIVI 60 G BR CU SMANTANA 100G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * PAINE 200G , CARTOFI TARANESTI CU CARNE PUI LA CUPTOR 200G / 90G , CASTRAVETI / GOGOSARI IN OTET 100G	MAR 100G	SALAM 50G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	BRANZA PROASPATA 50 G CRENVURSTI 50 G / MASLINE 50G PAINE 100 GR ,CEAI 250 ml	CORN 45 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * PAINE 200G , CARTOFI TARANESTI CU CARNE PUI LA CUPTOR 200G / 90G , CASTRAVETI / GOGOSARI IN OTET 100G	TURTA DULCE 100 G COMPOT 150 ML	SALAM 50G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
HEPATIC	BRANZA PROASPATA 50 G CRENVURSTI 50 G / MASLINE 50G PAINE 100 GR ,CEAI 250 ml	CORN 45 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * PAINE 200G , CARTOFI TARANESTI CU CARNE PUI LA CUPTOR 200G / 90G , CASTRAVETI / GOGOSARI IN OTET 100G	TURTA DULCE 100 G COMPOT 150 ML	SALAM 50G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
DESODAT	BRANZA PROASPATA 50 G CRENVURSTI 50 G / MASLINE 50G PAINE 100 GR ,CEAI 250 ml	CORN 45 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * PAINE 200G , CARTOFI TARANESTI CU CARNE PUI LA CUPTOR 200G / 90G , CASTRAVETI / GOGOSARI IN OTET 100G	TURTA DULCE 100 G COMPOT 150 ML	SALAM 50G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL — **DR. MOISESCU VLAD ANDREI**

DIR. FIN CONTABIL , — **EC. CEAPA SOFICA**

CPIAAM — **AS. CIOBANU ANDREEA**

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE JOI - 6.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CASCAVAL 50 G , SUNCA PRESATA 50 G, MARGARINA 40G , GEM 20 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC /CARNE PUI LA CUPTOR 200 G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	FICATEI CU SOS SI MASLINE 200G , BRANZA PROASPATA 50 G PAINE 100G , CEAI 250 ML
CARDIACI	CASCAVAL 50 G , SUNCA PRESATA 50 G, MARGARINA 40G , GEM 20 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC /CARNE PUI LA CUPTOR 200 G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	FICATEI CU SOS SI MASLINE 200G , BRANZA PROASPATA 50 G PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	CASCAVAL 50 G , SUNCA PRESATA 50 G, MARGARINA 40G , GEM 20 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC /CARNE PUI LA CUPTOR 200 G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	FICATEI CU SOS SI MASLINE 200G , BRANZA PROASPATA 50 G PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CASCAVAL 50 G , SUNCA PRESATA 50 G, MARGARINA 40G , GEM 20 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC /CARNE PUI LA CUPTOR 200 G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	FICATEI CU SOS SI MASLINE 200G , BRANZA PROASPATA 50 G PAINE 100G , CEAI 250 ML
DIABET	CASCAVAL 50 G , SUNCA PRESATA 50 G, MARGARINA 40G , GEM 20 G PAINE 100 GR ,CEAI 250 ml	BISCUITI DIGESTIVI 60 G BR CU SMANTANA 100G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC /CARNE PUI LA CUPTOR 200 G / 90 G ,PAINE 200 gr *	MAR 100G	FICATEI CU SOS SI MASLINE 200G , BRANZA PROASPATA 50 G PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	CASCAVAL 50 G , SUNCA PRESATA 50 G, MARGARINA 40G , GEM 20 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC /CARNE PUI LA CUPTOR 200 G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	FICATEI CU SOS SI MASLINE 200G , BRANZA PROASPATA 50 G PAINE 100G , CEAI 250 ML
HEPATIC	CASCAVAL 50 G , SUNCA PRESATA 50 G, MARGARINA 40G , GEM 20 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC /CARNE PUI LA CUPTOR 200 G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	FICATEI CU SOS SI MASLINE 200G , BRANZA PROASPATA 50 G PAINE 100G , CEAI 250 ML
DESODAT	CASCAVAL 50 G , SUNCA PRESATA 50 G, MARGARINA 40G , GEM 20 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC /CARNE PUI LA CUPTOR 200 G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	FICATEI CU SOS SI MASLINE 200G , BRANZA PROASPATA 50 G PAINE 100G , CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL
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DIR. FIN CONTABIL ,
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SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE VINERI - 7.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	TELEMEA DE VACA 50 G , CRENVURSTI PUI 50 G PAINE 100 GR ,CEAI 250 ml	EUGENIA 35 G	CIORBA DE PUI 300 ML * ARDEI UMPLUT 200G IAURT 125G , PAINE 200 gr *	PRAJITURA 50 G	CASCAVAL 50G , SALAM 50 G PAINE 100 G , CEAI 250 ML
CARDIACI	TELEMEA DE VACA 50 G , CRENVURSTI PUI 50 G PAINE 100 GR ,CEAI 250 ml	EUGENIA 35 G	CIORBA DE PUI 300 ML * ARDEI UMPLUT 200G IAURT 125G , PAINE 200 gr *	PRAJITURA 50 G	CASCAVAL 50G , SALAM 50 G PAINE 100 G , CEAI 250 ML
COPII 3-16 ANI	TELEMEA DE VACA 50 G , CRENVURSTI PUI 50 G PAINE 100 GR ,CEAI 250 ml	EUGENIA 35 G	CIORBA DE PUI 300 ML * ARDEI UMPLUT 200G IAURT 125G , PAINE 200 gr *	PRAJITURA 50 G	CASCAVAL 50G , SALAM 50 G PAINE 100 G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	TELEMEA DE VACA 50 G , CRENVURSTI PUI 50 G PAINE 100 GR ,CEAI 250 ml	EUGENIA 35 G	CIORBA DE PUI 300 ML * ARDEI UMPLUT 200G IAURT 125G , PAINE 200 gr *	PRAJITURA 50 G	CASCAVAL 50G , SALAM 50 G PAINE 100 G , CEAI 250 ML
DIABET	TELEMEA DE VACA 50 G , CRENVURSTI PUI 50 G PAINE 100 GR ,CEAI 250 ml	BISCUITI DIGESTIVI 60 G BR. SMANTANA 100G	CIORBA DE PUI 300 ML * ARDEI UMPLUT 200G IAURT 125G , PAINE 200 gr *	MAR 100G COMPOT DIETETIC 150 ML	CASCAVAL 50G , SALAM 50 G PAINE 100 G , CEAI 250 ML
BILIAR /GASTRIC	TELEMEA DE VACA 50 G , CRENVURSTI PUI 50 G PAINE 100 GR ,CEAI 250 ml	EUGENIA 35 G	CIORBA DE PUI 300 ML * AMESTEC MEXICAN CU CARNE PUI 200G/ 90 G , PAINE 200 gr *	PRAJITURA 50 G	CASCAVAL 50G , SALAM 50 G PAINE 100 G , CEAI 250 ML
HEPATIC	TELEMEA DE VACA 50 G , CRENVURSTI PUI 50 G PAINE 100 GR ,CEAI 250 ml	EUGENIA 35 G	CIORBA DE PUI 300 ML * ARDEI UMPLUT 200G IAURT 125G , PAINE 200 gr *	PRAJITURA 50 G	CASCAVAL 50G , SALAM 50 G PAINE 100 G , CEAI 250 ML
DESODAT	TELEMEA DE VACA 50 G , CRENVURSTI PUI 50 G PAINE 100 GR ,CEAI 250 ml	EUGENIA 35 G	CIORBA DE PUI 300 ML * ARDEI UMPLUT 200G IAURT 125G , PAINE 200 gr *	PRAJITURA 50 G	CASCAVAL 50G , SALAM 50 G PAINE 100 G , CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

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SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE SAMBATA-8.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CASCAVAL 50 G , CRENVURSTI 50 G BRANZA PROASPATA 50G , PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70G	SUPA DE GALUSTE CU CARNE PUI 300 ML/90G VARZA CU CARNATI 200G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	GEM 10G , UNT 20G, TELEMEA 50G, SALAM 50 G, OU FIERT, VINETE 50G PAINE 100 G , CEAI 250 ML
CARDIACI	CASCAVAL 50 G , CRENVURSTI 50 G BRANZA PROASPATA 50G , PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70G	SUPA DE GALUSTE CU CARNE PUI 300 ML/90G VARZA CU CARNATI 200G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	GEM 10G , UNT 20G, TELEMEA 50G, SALAM 50 G, OU FIERT, VINETE 50G PAINE 100 G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CASCAVAL 50 G , CRENVURSTI 50 G BRANZA PROASPATA 50G , PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70G	SUPA DE GALUSTE CU CARNE PUI 300 ML/90G VARZA CU CARNATI 200G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	GEM 10G , UNT 20G, TELEMEA 50G, SALAM 50 G, OU FIERT, VINETE 50G PAINE 100 G , CEAI 250 ML
DIABET	CASCAVAL 50 G , CRENVURSTI 50 G BRANZA PROASPATA 50G , PAINE 100 GR ,CEAI 250 ml	BRANZA CU SMANTANA 100 G BISC DIGESTIVI 50 G	SUPA DE GALUSTE CU CARNE PUI 300 ML/90G VARZA CU CARNATI 200G / 90 G ,PAINE 200 gr *	MAR 100G	GEM 10G , UNT 20G, TELEMEA 50G, SALAM 50 G, OU FIERT, VINETE 50G PAINE 100 G , CEAI 250 ML
BILIAR /GASTRIC	CASCAVAL 50 G , CRENVURSTI 50 G BRANZA PROASPATA 50G , PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70G	SUPA DE GALUSTE CU CARNE PUI 300 ML/90G OREZ CU CARNE PUI 200G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	GEM 10G , UNT 20G, TELEMEA 50G, SALAM 50 G, OU FIERT, VINETE 50G PAINE 100 G , CEAI 250 ML
HEPATIC	CASCAVAL 50 G , CRENVURSTI 50 G BRANZA PROASPATA 50G , PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70G	SUPA DE GALUSTE CU CARNE PUI 300 ML/90G VARZA CU CARNATI 200G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	GEM 10G , UNT 20G, TELEMEA 50G, SALAM 50 G, OU FIERT, VINETE 50G PAINE 100 G , CEAI 250 ML
DESODAT	CASCAVAL 50 G , CRENVURSTI 50 G BRANZA PROASPATA 50G , PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70G	SUPA DE GALUSTE CU CARNE PUI 300 ML/90G VARZA CU CARNATI 200G / 90 G ,PAINE 200 gr *	TURTA DULCE 100G	GEM 10G , UNT 20G, TELEMEA 50G, SALAM 50 G, OU FIERT, VINETE 50G PAINE 100 G , CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE DUMINICA - 9.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	TELEMEA 50 G SUNCA 50 G ,MASLINE 50 G PAINE 100 GR , CEAI 250 ml	CORN 45 GR	CIORBA PIPOTE PUI 300 ML * PIURE CU CARNE PUI 200 G /90 GR * CASTRAVETI IN OTET/ GOGOSARI PAINE 200 gr *	GRISINE 70G	CASCAVAL 50 G PATE FICAT 100G ZACUSCA 50G PAINE 100 G, CEAI 250 ML
CARDIACI	TELEMEA 50 G SUNCA 50 G ,MASLINE 50 G PAINE 100 GR , CEAI 250 ml	CORN 45 GR	CIORBA PIPOTE PUI 300 ML * PIURE CU CARNE PUI 200 G /90 GR * CASTRAVETI IN OTET/ GOGOSARI PAINE 200 gr *	GRISINE 70G	CASCAVAL 50 G PATE FICAT 100G ZACUSCA 50G PAINE 100 G, CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	TELEMEA 50 G SUNCA 50 G ,MASLINE 50 G PAINE 100 GR , CEAI 250 ml	CORN 45 GR	CIORBA PIPOTE PUI 300 ML * PIURE CU CARNE PUI 200 G /90 GR * CASTRAVETI IN OTET/ GOGOSARI PAINE 200 gr *	GRISINE 70G G	CASCAVAL 50 G PATE FICAT 100G ZACUSCA 50G PAINE 100 G, CEAI 250 ML
DIABET	TELEMEA 50 G SUNCA 50 G ,MASLINE 50 G PAINE 100 GR , CEAI 250 ml	BISC DIGESTIVI 50 G BR SMANTANA 100G	CIORBA PIPOTE PUI 300 ML * PIURE CU CARNE PUI 200 G /90 GR * CASTRAVETI IN OTET/ GOGOSARI PAINE 200 gr *	MAR COPT 100 G GRISINE 70G G	CASCAVAL 50 G PATE FICAT 100G ZACUSCA 50G PAINE 100 G, CEAI 250 ML
BILIAR /GASTRIC	TELEMEA 50 G SUNCA 50 G ,MASLINE 50 G PAINE 100 GR , CEAI 250 ml	CORN 45 GR	CIORBA PIPOTE PUI 300 ML * PIURE CU CARNE PUI 200 G /90 GR * CASTRAVETI IN OTET/ GOGOSARI PAINE 200 gr *	GRISINE 70G G	CASCAVAL 50 G PATE FICAT 100G ZACUSCA 50G PAINE 100 G, CEAI 250 ML
HEPATIC	TELEMEA 50 G SUNCA 50 G ,MASLINE 50 G PAINE 100 GR , CEAI 250 ml	CORN 45 GR	CIORBA PIPOTE PUI 300 ML * PIURE CU CARNE PUI 200 G /90 GR * CASTRAVETI IN OTET/ GOGOSARI PAINE 200 gr *	GRISINE 70G G	CASCAVAL 50 G PATE FICAT 100G ZACUSCA 50G PAINE 100 G, CEAI 250 ML
DESODAT	TELEMEA 50 G SUNCA 50 G ,MASLINE 50 G PAINE 100 GR , CEAI 250 ml	CORN 45 GR	CIORBA PIPOTE PUI 300 ML * PIURE CU CARNE PUI 200 G /90 GR * CASTRAVETI IN OTET/ GOGOSARI PAINE 200 gr *	GRISINE 70G G	CASCAVAL 50 G PATE FICAT 100G ZACUSCA 50G PAINE 100 G, CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

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