SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

APROBAT
MANAGER

Av. STROE ADRIANA

MENIU SAPTAMANAL

- ACEST MENIU POATE SUFERI MODIFICARI IN FUNCTIE DE RECOMANDARILE MEDICALE, DE NECESITATILE NUTRITIONALE ALE PACIENTILOR SAU DE DISPONIBILITATEA ALIMENTELOR

10.08.2026 - 16.08.2026

NR. 2238 / 10.08.2026

DIRECTOR MEDICAL,
DR. MOISESCU VLAD ANDREI

DIRECTOR FIN. CONTABIL,
EC. CEAPA SOFICA

CPIAAM,
AS. PR. IG. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE LUNI - 10.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	TURTA DULCE 100G	CIORBA DE PUI CU FIDEA 300 ML * PAINE 200G PILAF DE OREZ CU CARNE PUI 200G / 90 G * CASTRAVETI / GOGOSARI IN OTET 100G	GRISINE 70 G COMPOT 150 ML	SUNCA 50 G ,CASCAVAL 50 G , UNT 20G , GEM 20 G ,PAINE 100G CEAI 250 ML
CARDIACI	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	TURTA DULCE 100G	CIORBA DE PUI CU FIDEA 300 ML * PAINE 200G PILAF DE OREZ CU CARNE PUI 200G / 90 G * CASTRAVETI / GOGOSARI IN OTET 100G	GRISINE 70 G COMPOT 150 ML	SUNCA 50 G ,CASCAVAL 50 G , UNT 20G , GEM 20 G ,PAINE 100G CEAI 250 ML
COPII 3-16 ANI	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	TURTA DULCE 100G	CIORBA DE PUI CU FIDEA 300 ML * PAINE 200G PILAF DE OREZ CU CARNE PUI 200G / 90 G * CASTRAVETI / GOGOSARI IN OTET 100G	GRISINE 70 G COMPOT 150 ML	SUNCA 50 G ,CASCAVAL 50 G , UNT 20G , GEM 20 G ,PAINE 100G CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	TURTA DULCE 100G	CIORBA DE PUI CU FIDEA 300 ML * PAINE 200G PILAF DE OREZ CU CARNE PUI 200G / 90 G * CASTRAVETI / GOGOSARI IN OTET 100G	GRISINE 70 G COMPOT 150 ML	SUNCA 50 G ,CASCAVAL 50 G , UNT 20G , GEM 20 G ,PAINE 100G CEAI 250 ML
DIABET	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	BISC UITI DIG 60 G BR SMANTANA 100G	CIORBA DE PUI CU FIDEA 300 ML * PAINE 200G PILAF DE OREZ CU CARNE PUI 200G / 90 G * CASTRAVETI / GOGOSARI IN OTET 100G	MAR COPT 100 G GRISINE 70 G	SUNCA 50 G ,CASCAVAL 50 G , UNT 20G , GEM 20 G ,PAINE 100G CEAI 250 ML
BILIAR /GASTRIC	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	TURTA DULCE 100G	CIORBA DE PUI CU FIDEA 300 ML * PAINE 200G PILAF DE OREZ CU CARNE PUI 200G / 90 G * CASTRAVETI / GOGOSARI IN OTET 100G	GRISINE 70 G COMPOT 150 ML	SUNCA 50 G ,CASCAVAL 50 G , UNT 20G , GEM 20 G ,PAINE 100G CEAI 250 ML
HEPATIC	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	TURTA DULCE 100G	CIORBA DE PUI CU FIDEA 300 ML * PAINE 200G PILAF DE OREZ CU CARNE PUI 200G / 90 G * CASTRAVETI / GOGOSARI IN OTET 100G	GRISINE 70 G COMPOT 150 ML	SUNCA 50 G ,CASCAVAL 50 G , UNT 20G , GEM 20 G ,PAINE 100G CEAI 250 ML
DESODAT	CRENVURSTI 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	TURTA DULCE 100G	CIORBA DE PUI CU FIDEA 300 ML * PAINE 200G PILAF DE OREZ CU CARNE PUI 200G / 90 G * CASTRAVETI / GOGOSARI IN OTET 100G	GRISINE 70 G COMPOT 150 ML	SUNCA 50 G ,CASCAVAL 50 G , UNT 20G , GEM 20 G ,PAINE 100G CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE MARTI -11.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G PAINE 100 GR , CEAI 250 ml	PRAJITURA ALBINA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G SAL ATA DE SFECLA 50 G ,PAINE 200 gr *	TURTA DULCE 100G	SALATA ORIENTALA 200G , SUNCA PRESATA 50 G PAINE 100G , CEAI 250 ML
CARDIACI	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G PAINE 100 GR , CEAI 250 ml	PRAJITURA ALBINA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G SAL ATA DE SFECLA 50 G ,PAINE 200 gr *	TURTA DULCE 100G	SALATA ORIENTALA 200G , SUNCA PRESATA 50 G PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G PAINE 100 GR , CEAI 250 ml	PRAJITURA ALBINA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G SAL ATA DE SFECLA 50 G ,PAINE 200 gr *	TURTA DULCE 100G	SALATA ORIENTALA 200G , SUNCA PRESATA 50 G PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G PAINE 100 GR , CEAI 250 ml	PRAJITURA ALBINA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G SAL ATA DE SFECLA 50 G ,PAINE 200 gr *	TURTA DULCE 100G	SALATA ORIENTALA 200G , SUNCA PRESATA 50 G PAINE 100G , CEAI 250 ML
DIABET	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G PAINE 100 GR , CEAI 250 ml	BISCUITI DIGESTIVI 50 G BR SMANTANA 100 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G SAL ATA DE SFECLA 50 G ,PAINE 200 gr *	MAR COPT 100G	SALATA ORIENTALA 200G , SUNCA PRESATA 50 G PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G PAINE 100 GR , CEAI 250 ml	PRAJITURA ALBINA 50 G	CIORBA DE PERISOARE 300 ML * PUI LA CUPTOR CU LEGUME 200 G / 90 G SALATA DE SFECLA 50 G ,PAINE 200 gr *	TURTA DULCE 100G	SALATA ORIENTALA 200G , SUNCA PRESATA 50 G PAINE 100G , CEAI 250 ML
HEPATIC	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G PAINE 100 GR , CEAI 250 ml	PRAJITURA ALBINA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G SAL ATA DE SFECLA 50 G ,PAINE 200 gr *	TURTA DULCE 100G	SALATA ORIENTALA 200G , SUNCA PRESATA 50 G PAINE 100G , CEAI 250 ML
DESODAT	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G PAINE 100 GR , CEAI 250 ml	PRAJITURA ALBINA 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G SAL ATA DE SFECLA 50 G ,PAINE 200 gr *	TURTA DULCE 100G	SALATA ORIENTALA 200G , SUNCA PRESATA 50 G PAINE 100G , CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

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JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE MIERCURI - 12.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CASCAVAL 50 G , CRENVURSTI 50 G , SALATA DE VINETE 100G PAINE 100 GR ,CEAI 250 ml	GRISINE 70 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * MUSACA 200 G /IAURT 125G GOGOSARI / CASTRAVETI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 45 G COMPOT 150 ML	BR PROASPATA 50 G , OU FIERT 60 G , SALAM 50 G PAINE 100G , CEAI 250 ML
CARDIACI	CASCAVAL 50 G , CRENVURSTI 50 G , SALATA DE VINETE 100G PAINE 100 GR ,CEAI 250 ml	GRISINE 70 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * MUSACA 200 G /IAURT 125G GOGOSARI / CASTRAVETI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 45 G COMPOT 150 ML	BR PROASPATA 50 G , OU FIERT 60 G , SALAM 50 G PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	CASCAVAL 50 G , CRENVURSTI 50 G , SALATA DE VINETE 100G PAINE 100 GR ,CEAI 250 ml	GRISINE 70 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * MUSACA 200 G /IAURT 125G GOGOSARI / CASTRAVETI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 45 G COMPOT 150 ML	BR PROASPATA 50 G , OU FIERT 60 G , SALAM 50 G PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CASCAVAL 50 G , CRENVURSTI 50 G , SALATA DE VINETE 100G PAINE 100 GR ,CEAI 250 ml	GRISINE 70 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * MUSACA 200 G /IAURT 125G GOGOSARI / CASTRAVETI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 45 G COMPOT 150 ML	BR PROASPATA 50 G , OU FIERT 60 G , SALAM 50 G PAINE 100G , CEAI 250 ML
DIABET	CASCAVAL 50 G , CRENVURSTI 50 G , SALATA DE VINETE 100G PAINE 100 GR ,CEAI 250 ml	GRISINE 70 G BR SMANTANA 100G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * MUSACA 200 G /IAURT 125G GOGOSARI / CASTRAVETI IN OTET 100G ,PAINE 200 gr *	MAR COPT 100G COMPOT DIETETIC 150 ML	BR PROASPATA 50 G , OU FIERT 60 G , SALAM 50 G PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	CASCAVAL 50 G , CRENVURSTI 50 G , SALATA DE VINETE 100G PAINE 100 GR ,CEAI 250 ml	GRISINE 70 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * CARTOFI NATURE CU CARNE PUI LA CUPTOR 200G / 90G GOGOSARI / CASTRAVETI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 45 G COMPOT 150 ML	BR PROASPATA 50 G , OU FIERT 60 G , SALAM 50 G PAINE 100G , CEAI 250 ML
HEPATIC	CASCAVAL 50 G , CRENVURSTI 50 G , SALATA DE VINETE 100G PAINE 100 GR ,CEAI 250 ml	GRISINE 70 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * MUSACA 200 G /IAURT 125G GOGOSARI / CASTRAVETI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 45 G COMPOT 150 ML	BR PROASPATA 50 G , OU FIERT 60 G , SALAM 50 G PAINE 100G , CEAI 250 ML
DESODAT	CASCAVAL 50 G , CRENVURSTI 50 G , SALATA DE VINETE 100G PAINE 100 GR ,CEAI 250 ml	GRISINE 70 G	CIORBA DE PIPOTE CU INIMI PUI 300 ML * MUSACA 200 G /IAURT 125G GOGOSARI / CASTRAVETI IN OTET 100G ,PAINE 200 gr *	NAPOLITANA 45 G COMPOT 150 ML	BR PROASPATA 50 G , OU FIERT 60 G , SALAM 50 G PAINE 100G , CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL
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EC. CEAPA SOFICA

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AS. CIOBANU ANDREEA

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JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE JOI - 13.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	,SUNCA PRESATA 50G, TELEMEA DE VACA 50 G , UNT 20G .GEM 20G PAINE 100 GR ,CEAI 250 ml	CORN 45G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * PIURE DIN FULGI CARTOFI CU FRIPTURA PUI LA CUPTOR 200G/90G , GOGSARI IN OTET 100G ,PAINE 200 gr *,	TURTA DULCE 100G COMPOT 150 ML	OREZ CU LAPTE CU GEM 150 G / 40G SUNCA PRESATA 50 G , CASCAVAL 50 G PAINE 100G , PATE FICAT 100G
CARDIACI	,SUNCA PRESATA 50G, TELEMEA DE VACA 50 G , UNT 20G .GEM 20G PAINE 100 GR ,CEAI 250 ml	CORN 45G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * PIURE DIN FULGI CARTOFI CU FRIPTURA PUI LA CUPTOR 200G/90G , GOGSARI IN OTET 100G ,PAINE 200 gr *,	TURTA DULCE 100G COMPOT 150 ML	OREZ CU LAPTE CU GEM 150 G / 40G SUNCA PRESATA 50 G , CASCAVAL 50 G PAINE 100G , PATE FICAT 100G
COPII 3-16 ANI	,SUNCA PRESATA 50G, TELEMEA DE VACA 50 G , UNT 20G .GEM 20G PAINE 100 GR ,CEAI 250 ml	CORN 45G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * PIURE DIN FULGI CARTOFI CU FRIPTURA PUI LA CUPTOR 200G/90G , GOGSARI IN OTET 100G ,PAINE 200 gr *,	TURTA DULCE 100G COMPOT 150 ML	OREZ CU LAPTE CU GEM 150 G / 40G SUNCA PRESATA 50 G , CASCAVAL 50 G PAINE 100G , PATE FICAT 100G
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	,SUNCA PRESATA 50G, TELEMEA DE VACA 50 G , UNT 20G .GEM 20G PAINE 100 GR ,CEAI 250 ml	CORN 45G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * PIURE DIN FULGI CARTOFI CU FRIPTURA PUI LA CUPTOR 200G/90G , GOGSARI IN OTET 100G ,PAINE 200 gr *,	TURTA DULCE 100G COMPOT 150 ML	OREZ CU LAPTE CU GEM 150 G / 40G SUNCA PRESATA 50 G , CASCAVAL 50 G PAINE 100G , PATE FICAT 100G
DIABET	,SUNCA PRESATA 50G, TELEMEA DE VACA 50 G , UNT 20G .GEM 20G PAINE 100 GR ,CEAI 250 ml	BISCUITI DIGESTIVI 60 G BR SMANTANA 100G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * PIURE DIN FULGI CARTOFI CU FRIPTURA PUI LA CUPTOR 200G/90G , GOGSARI IN OTET 100G ,PAINE 200 gr *,	MAR 100 G COMPOT PRUNE DIETETIC 150 ML	SUNCA PRESATA 50 G , CASCAVAL 50 G PATE FICAT 100G PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	,SUNCA PRESATA 50G, TELEMEA DE VACA 50 G , UNT 20G .GEM 20G PAINE 100 GR ,CEAI 250 ml	CORN 45G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * PIURE DIN FULGI CARTOFI CU FRIPTURA PUI LA CUPTOR 200G/90G , GOGSARI IN OTET 100G ,PAINE 200 gr *,	TURTA DULCE 100G COMPOT 150 ML	OREZ CU LAPTE CU GEM 150 G / 40G SUNCA PRESATA 50 G , CASCAVAL 50 G PAINE 100G , PATE FICAT 100G
HEPATIC	,SUNCA PRESATA 50G, TELEMEA DE VACA 50 G , UNT 20G .GEM 20G PAINE 100 GR ,CEAI 250 ml	CORN 45G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * PIURE DIN FULGI CARTOFI CU FRIPTURA PUI LA CUPTOR 200G/90G , GOGSARI IN OTET 100G ,PAINE 200 gr *,	TURTA DULCE 100G COMPOT 150 ML	OREZ CU LAPTE CU GEM 150 G / 40G SUNCA PRESATA 50 G , CASCAVAL 50 G PAINE 100G , PATE FICAT 100G
DESODAT	,SUNCA PRESATA 50G, TELEMEA DE VACA 50 G , UNT 20G .GEM 20G PAINE 100 GR ,CEAI 250 ml	CORN 45G	SUPA DE GALUSTE CU ARIPI PUI 300 ML * PIURE DIN FULGI CARTOFI CU FRIPTURA PUI LA CUPTOR 200G/90G , GOGSARI IN OTET 100G ,PAINE 200 gr *,	TURTA DULCE 100G COMPOT 150 ML	OREZ CU LAPTE CU GEM 150 G / 40G SUNCA PRESATA 50 G , CASCAVAL 50 G PAINE 100G , PATE FICAT 100G

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

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AS. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE VINERI - 14.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	SALAM 50 G ,MASLINE 50 G , MARGARINA 50 G / GEM 40 G PAINE 100 GR , CEAI 250 ML	BISCUITI PETIT 50 G	SUPA DE SPANAC CU CARNE PUI 300 ML * MANCARE DE PASTAI CU CARNE PUI LA CUPTOR 200 G /90 G PAINE 200 gr *	EUGENIA 70 G COMPOT 150 ML	CRENVURSTI 50 G, CASCAVAL 50 G,ZACUSCA 100G PAINE 100 G , CEAI 250 ML
CARDIACI	SALAM 50 G ,MASLINE 50 G , MARGARINA 50 G / GEM 40 G PAINE 100 GR , CEAI 250 ML	BISCUITI PETIT 50 G	SUPA DE SPANAC CU CARNE PUI 300 ML * MANCARE DE PASTAI CU CARNE PUI LA CUPTOR 200 G /90 G PAINE 200 gr *	EUGENIA 70 G COMPOT 150 ML	CRENVURSTI 50 G, CASCAVAL 50 G,ZACUSCA 100G PAINE 100 G , CEAI 250 ML
COPII 3-16 ANI	SALAM 50 G ,MASLINE 50 G , MARGARINA 50 G / GEM 40 G PAINE 100 GR , CEAI 250 ML	BISCUITI PETIT 50 G	SUPA DE SPANAC CU CARNE PUI 300 ML * MANCARE DE PASTAI CU CARNE PUI LA CUPTOR 200 G /90 G PAINE 200 gr *	EUGENIA 70 G COMPOT 150 ML	CRENVURSTI 50 G, CASCAVAL 50 G,ZACUSCA 100G PAINE 100 G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	SALAM 50 G ,MASLINE 50 G , MARGARINA 50 G / GEM 40 G PAINE 100 GR , CEAI 250 ML	BISCUITI PETIT 50 G	SUPA DE SPANAC CU CARNE PUI 300 ML * MANCARE DE PASTAI CU CARNE PUI LA CUPTOR 200 G /90 G PAINE 200 gr *	EUGENIA 70 G COMPOT 150 ML	CRENVURSTI 50 G, CASCAVAL 50 G,ZACUSCA 100G PAINE 100 G , CEAI 250 ML
DIABET	SALAM 50 G ,MASLINE 50 G , MARGARINA 50 G / GEM 40 G PAINE 100 GR , CEAI 250 ML	BISCUITI DIGESTIVI 60 G BR. SMANTANA 100G	SUPA DE SPANAC CU CARNE PUI 300 ML * MANCARE DE PASTAI CU CARNE PUI LA CUPTOR 200 G /90 G PAINE 200 gr *	MAR 100G	CRENVURSTI 50 G, CASCAVAL 50 G,ZACUSCA 100G PAINE 100 G , CEAI 250 ML
BILIAR /GASTRIC	SALAM 50 G ,MASLINE 50 G , MARGARINA 50 G / GEM 40 G PAINE 100 GR , CEAI 250 ML	BISCUITI PETIT 50 G	SUPA DE SPANAC CU CARNE PUI 300 ML * MANCARE DE PASTAI CU CARNE PUI LA CUPTOR 200 G /90 G PAINE 200 gr *	EUGENIA 70 G COMPOT 150 ML	CRENVURSTI 50 G, CASCAVAL 50 G,ZACUSCA 100G PAINE 100 G , CEAI 250 ML
HEPATIC	SALAM 50 G ,MASLINE 50 G , MARGARINA 50 G / GEM 40 G PAINE 100 GR , CEAI 250 ML	BISCUITI PETIT 50 G	SUPA DE SPANAC CU CARNE PUI 300 ML * MANCARE DE PASTAI CU CARNE PUI LA CUPTOR 200 G /90 G PAINE 200 gr *	EUGENIA 70 G COMPOT 150 ML	CRENVURSTI 50 G, CASCAVAL 50 G,ZACUSCA 100G PAINE 100 G , CEAI 250 ML
DESODAT	SALAM 50 G ,MASLINE 50 G , MARGARINA 50 G / GEM 40 G PAINE 100 GR , CEAI 250 ML	BISCUITI PETIT 50 G	SUPA DE SPANAC CU CARNE PUI 300 ML * MANCARE DE PASTAI CU CARNE PUI LA CUPTOR 200 G /90 G PAINE 200 gr *	EUGENIA 70 G COMPOT 150 ML	CRENVURSTI 50 G, CASCAVAL 50 G,ZACUSCA 100G PAINE 100 G , CEAI 250 ML

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***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

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JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE SAMBATA-15.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	BRANZA PROASPATA 50 G , SALAM 50 G, PATE FICAT 100 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	SUPA DE FASOLE CU CARNATI PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200 G /90 G PAINE 200 gr *	TURTA DULCE 100G	PASTE FAINOASE CU CARNE 200 G COMPOT 150 ML
CARDIACI	BRANZA PROASPATA 50 G , SALAM 50 G, PATE FICAT 100 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	SUPA DE FASOLE CU CARNATI PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200 G /90 G PAINE 200 gr *	TURTA DULCE 100G	PASTE FAINOASE CU CARNE 200 G COMPOT 150 ML
COPII 3-16 ANI	BRANZA PROASPATA 50 G , SALAM 50 G, PATE FICAT 100 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	SUPA DE FASOLE CU CARNATI PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200 G /90 G PAINE 200 gr *	TURTA DULCE 100G	PASTE FAINOASE CU CARNE 200 G COMPOT 150 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	BRANZA PROASPATA 50 G , SALAM 50 G, PATE FICAT 100 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	SUPA DE FASOLE CU CARNATI PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200 G /90 G PAINE 200 gr *	TURTA DULCE 100G	PASTE FAINOASE CU CARNE 200 G COMPOT 150 ML
DIABET	BRANZA PROASPATA 50 G , SALAM 50 G, PATE FICAT 100 G PAINE 100 GR ,CEAI 250 ml	BR CU SMANTANA 100G BISC DIGESTIVI 60 G	SUPA DE FASOLE CU CARNATI PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200 G /90 G PAINE 200 gr *	MAR 100G COMPOT DIETETIC 150 ML	PASTE FAINOASE CU CARNE 200 G COMPOT 150 ML
BILIAR /GASTRIC	BRANZA PROASPATA 50 G , SALAM 50 G, PATE FICAT 100 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	SUPA DE PUI CU TAITEI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200 G /90 G PAINE 200 gr *	TURTA DULCE 100G	PASTE FAINOASE CU CARNE 200 G COMPOT 150 ML
HEPATIC	BRANZA PROASPATA 50 G , SALAM 50 G, PATE FICAT 100 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	SUPA DE FASOLE CU CARNATI PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200 G /90 G PAINE 200 gr *	TURTA DULCE 100G	PASTE FAINOASE CU CARNE 200 G COMPOT 150 ML
DESODAT	BRANZA PROASPATA 50 G , SALAM 50 G, PATE FICAT 100 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	SUPA DE FASOLE CU CARNATI PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200 G /90 G PAINE 200 gr *	TURTA DULCE 100G	PASTE FAINOASE CU CARNE 200 G COMPOT 150 ML

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***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE DUMINICA -16.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CASCAVAL 50 G , OU FIERT 60 G SUNCA PRAGA 50 G , PAINE 100 GR ,CEAI 250 ml	BISCUITI PETIT 50 G	CIORBA DE PUI CU TAITEI 300 ML * VARZA A LA CLUJ 200 G /90 G PAINE 200G	TURTA DULCE 100G COMPOT 150 ML	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G , PAINE 100G , CEAI 250 ML
CARDIACI	CASCAVAL 50 G , OU FIERT 60 G SUNCA PRAGA 50 G , PAINE 100 GR ,CEAI 250 ml	BISCUITI PETIT 50 G	CIORBA DE PUI CU TAITEI 300 ML * VARZA A LA CLUJ 200 G /90 G PAINE 200G	TURTA DULCE 100G COMPOT 150 ML	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G , PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	CASCAVAL 50 G , OU FIERT 60 G SUNCA PRAGA 50 G , PAINE 100 GR ,CEAI 250 ml	BISCUITI PETIT 50 G	CIORBA DE PUI CU TAITEI 300 ML * VARZA A LA CLUJ 200 G /90 G PAINE 200G	TURTA DULCE 100G COMPOT 150 ML	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G , PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CASCAVAL 50 G , OU FIERT 60 G SUNCA PRAGA 50 G , PAINE 100 GR ,CEAI 250 ml	BISCUITI PETIT 50 G	CIORBA DE PUI CU TAITEI 300 ML * VARZA A LA CLUJ 200 G /90 G PAINE 200G	TURTA DULCE 100G COMPOT 150 ML	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G , PAINE 100G , CEAI 250 ML
DIABET	CASCAVAL 50 G , OU FIERT 60 G SUNCA PRAGA 50 G , PAINE 100 GR ,CEAI 250 ml	BR SMANTANA 100G BISC DIGESTIVI 50 G	CIORBA DE PUI CU TAITEI 300 ML * VARZA A LA CLUJ 200 G /90 G PAINE 200G	MAR 100G	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G , PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	CASCAVAL 50 G , OU FIERT 60 G SUNCA PRAGA 50 G , PAINE 100 GR ,CEAI 250 ml	BISCUITI PETIT 50 G	CIORBA DE PUI CU TAITEI 300 ML * VARZA A LA CLUJ 200 G /90 G PAINE 200G	TURTA DULCE 100G COMPOT 150 ML	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G , PAINE 100G , CEAI 250 ML
HEPATIC	CASCAVAL 50 G , OU FIERT 60 G SUNCA PRAGA 50 G , PAINE 100 GR ,CEAI 250 ml	BISCUITI PETIT 50 G	CIORBA DE PUI CU TAITEI 300 ML * VARZA A LA CLUJ 200 G /90 G PAINE 200G	TURTA DULCE 100G COMPOT 150 ML	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G , PAINE 100G , CEAI 250 ML
DESODAT	CASCAVAL 50 G , OU FIERT 60 G SUNCA PRAGA 50 G , PAINE 100 GR ,CEAI 250 ml	BISCUITI PETIT 50 G	CIORBA DE PUI CU TAITEI 300 ML * VARZA A LA CLUJ 200 G /90 G PAINE 200G	TURTA DULCE 100G COMPOT 150 ML	TELEMEA DE VACA 50 G , SALAM 50 G MASLINE 50 G , PAINE 100G , CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
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