SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

APROBAT
MANAGER

Av. STROE ADRIANA

MENIU SAPTAMANAL

- ACEST MENIU POATE SUFERI MODIFICARI IN FUNCTIE DE RECOMANDARILE MEDICALE, DE NECESITATILE NUTRITIONALE ALE PACIENTILOR SAU DE DISPONIBILITATEA ALIMENTELOR

17.08.2026 - 23.08.2026

NR. 2308 / 17.08.2026

DIRECTOR MEDICAL,
DR. MOISESCU VLAD ANDREI

DIRECTOR FIN. CONTABIL,
EC. CEAPA SOFICA

CPIAAM,
AS. PR. IG. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE LUNI -17.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CASCAVAL 50 G, CRENVURSTI 50 G /MASLINE 50 G PAINE 100 GR , CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU FIDEA 300 ML * GHIVECI ASORTAT CU LEGUME SI CARNE PUI 200G/90G PAINE 200 gr *	GRISINE 70 G	CASCAVAL 50G CRENVURSTI 50 G , PAINE 100G , CEAI 250 ML
CARDIACI	CASCAVAL 50 G, CRENVURSTI 50 G /MASLINE 50 G PAINE 100 GR , CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU FIDEA 300 ML * GHIVECI ASORTAT CU LEGUME SI CARNE PUI 200G/90G PAINE 200 gr *	GRISINE 70 G	CASCAVAL 50G CRENVURSTI 50 G , PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	CASCAVAL 50 G, CRENVURSTI 50 G /MASLINE 50 G PAINE 100 GR , CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU FIDEA 300 ML * GHIVECI ASORTAT CU LEGUME SI CARNE PUI 200G/90G PAINE 200 gr *	GRISINE 70 G	CASCAVAL 50G CRENVURSTI 50 G , PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CASCAVAL 50 G, CRENVURSTI 50 G /MASLINE 50 G PAINE 100 GR , CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU FIDEA 300 ML * GHIVECI ASORTAT CU LEGUME SI CARNE PUI 200G/90G PAINE 200 gr *	GRISINE 70 G	CASCAVAL 50G CRENVURSTI 50 G , PAINE 100G , CEAI 250 ML
DIABET	CASCAVAL 50 G, CRENVURSTI 50 G /MASLINE 50 G PAINE 100 GR , CEAI 250 ml	BR SMANT 100G BISC DIGESTIVI 50 G	CIORBA DE PUI CU FIDEA 300 ML * GHIVECI ASORTAT CU LEGUME SI CARNE PUI 200G/90G PAINE 200 gr *	MAR COPT 100G COMPOT DIETETIC 150 ML	CASCAVAL 50G CRENVURSTI 50 G , PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	CASCAVAL 50 G, CRENVURSTI 50 G /MASLINE 50 G PAINE 100 GR , CEAI 250 ml	TURTA DULCE 100G	CIORBA DE PUI CU FIDEA 300 ML * GHIVECI ASORTAT CU LEGUME SI CARNE PUI 200G/90G PAINE 200 gr *	HALVA 35G	CASCAVAL 50G CRENVURSTI 50 G , PAINE 100G , CEAI 250 ML
HEPATIC	CASCAVAL 50 G, CRENVURSTI 50 G /MASLINE 50 G PAINE 100 GR , CEAI 250 ml	TURTA DULCE 100G	CIORBA DE PUI CU FIDEA 300 ML * GHIVECI ASORTAT CU LEGUME SI CARNE PUI 200G/90G PAINE 200 gr *	HALVA 35G	CASCAVAL 50G CRENVURSTI 50 G , PAINE 100G , CEAI 250 ML
DESODAT	CASCAVAL 50 G, CRENVURSTI 50 G /MASLINE 50 G PAINE 100 GR , CEAI 250 ml	TURTA DULCE 100G	CIORBA DE PUI CU FIDEA 300 ML * GHIVECI ASORTAT CU LEGUME SI CARNE PUI 200G/90G PAINE 200 gr *	HALVA 35G	CASCAVAL 50G CRENVURSTI 50 G , PAINE 100G , CEAI 250 ML

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE MARTI - 18.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	TELEMEA DE VACA 100 G , UNT 20 G , GEM 20 G SUNCA PRAGA 50 G PAINE 100 GR , CEAI 250 ml	CORN 60 G	CIORBA DE PUI CU TAITEI 300 ML * PAINE 100G * ARDEI UMPLUT 200 G / IAURT 125 G , PAINE 200G *	PRAJITURA 45 G	SOS DE FICATEI PUI CU MASLINE 200G , PAINE 100 G ,CASCAVAL 50 G
CARDIACI	TELEMEA DE VACA 100 G , UNT 20 G , GEM 20 G SUNCA PRAGA 50 G PAINE 100 GR , CEAI 250 ml	CORN 60 G	CIORBA DE PUI CU TAITEI 300 ML * PAINE 100G * ARDEI UMPLUT 200 G / IAURT 125 G , PAINE 200G *	PRAJITURA 45 G	SOS DE FICATEI PUI CU MASLINE 200G , PAINE 100 G ,CASCAVAL 50 G
COPII 3-16 ANI	TELEMEA DE VACA 100 G , UNT 20 G , GEM 20 G SUNCA PRAGA 50 G PAINE 100 GR , CEAI 250 ml	CORN 60 G	CIORBA DE PUI CU TAITEI 300 ML * PAINE 100G * ARDEI UMPLUT 200 G / IAURT 125 G , PAINE 200G *	PRAJITURA 45 G	SOS DE FICATEI PUI CU MASLINE 200G , PAINE 100 G ,CASCAVAL 50 G
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	TELEMEA DE VACA 100 G , UNT 20 G , GEM 20 G SUNCA PRAGA 50 G PAINE 100 GR , CEAI 250 ml	CORN 60 G	CIORBA DE PUI CU TAITEI 300 ML * PAINE 100G * ARDEI UMPLUT 200 G / IAURT 125 G , PAINE 200G *	PRAJITURA 45 G	SOS DE FICATEI PUI CU MASLINE 200G , PAINE 100 G ,CASCAVAL 50 G
DIABET	TELEMEA DE VACA 100 G , UNT 20 G , GEM 20 G SUNCA PRAGA 50 G PAINE 100 GR , CEAI 250 ml	BR SMANT 100 G BISCUITI DOGESTIVI 60 G	CIORBA DE PUI CU TAITEI 300 ML * PAINE 100G * ARDEI UMPLUT 200 G / IAURT 125 G , PAINE 200G *	MAR COPT 100G COMPOT DIETETIC 150 ML	SOS DE FICATEI PUI CU MASLINE 200G , PAINE 100 G ,CASCAVAL 50 G
BILIAR /GASTRIC	TELEMEA DE VACA 100 G , UNT 20 G , GEM 20 G SUNCA PRAGA 50 G PAINE 100 GR , CEAI 250 ml	CORN 60 G	CIORBA DE PUI CU TAITEI 300 ML * PAINE 100G * ARDEI UMPLUT 200 G / IAURT 125 G , PAINE 200G *	PRAJITURA 45 G	SOS DE FICATEI PUI CU MASLINE 200G , PAINE 100 G ,CASCAVAL 50 G
HEPATIC	TELEMEA DE VACA 100 G , UNT 20 G , GEM 20 G SUNCA PRAGA 50 G PAINE 100 GR , CEAI 250 ml	CORN 60 G	CIORBA DE PUI CU TAITEI 300 ML * PAINE 100G * ARDEI UMPLUT 200 G / IAURT 125 G , PAINE 200G *	PRAJITURA 45 G	SOS DE FICATEI PUI CU MASLINE 200G , PAINE 100 G ,CASCAVAL 50 G
DESODAT	TELEMEA DE VACA 100 G , UNT 20 G , GEM 20 G SUNCA PRAGA 50 G PAINE 100 GR , CEAI 250 ml	CORN 60 G	CIORBA DE PUI CU TAITEI 300 ML * PAINE 100G * ARDEI UMPLUT 200 G / IAURT 125 G , PAINE 200G *	PRAJITURA 45 G	SOS DE FICATEI PUI CU MASLINE 200G , PAINE 100 G ,CASCAVAL 50 G

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

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MANAGER,
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MENIUL ZILEI DE MIERCURI - 19.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	BR PROASPATA 50 G , SUNCA PRAGA 50 G ,UNT 20 G PAINE 100 GR , CEAI 250 ml	PRAJITURA 55G	CIORBA DE PERISOARE 300 ML * TOCANITA DE CIUPERCI CU FICATEI I 200G /MAMALIGA 150 G GOGOSARI / CASTRAVETI IN OTET 100G PAINE 200 gr *	TURTA DULCE 100G	SUNCA PRAGA 50 G CASCAVAL 50 G ZACUSCA 100G PAINE 100 G , CEAI 250 ML
CARDIACI	BR PROASPATA 50 G , SUNCA PRAGA 50 G ,UNT 20 G PAINE 100 GR , CEAI 250 ml	PRAJITURA 55G	CIORBA DE PERISOARE 300 ML * MANCARE DE PASTAI 200G / 90 G ARDEI COPTI IN OTET 100G PAINE 200 gr *	TURTA DULCE 100G	SUNCA PRAGA 50 G CASCAVAL 50 G ZACUSCA 100G PAINE 100 G , CEAI 250 ML
COPII 3-16 ANI	BR PROASPATA 50 G , SUNCA PRAGA 50 G ,UNT 20 G PAINE 100 GR , CEAI 250 ml	PRAJITURA 55G	CIORBA DE PERISOARE 300 ML * MANCARE DE PASTAI 200G / 90 G ARDEI COPTI IN OTET 100G PAINE 200 gr *	TURTA DULCE 100G	SUNCA PRAGA 50 G CASCAVAL 50 G ZACUSCA 100G PAINE 100 G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	BR PROASPATA 50 G , SUNCA PRAGA 50 G ,UNT 20 G PAINE 100 GR , CEAI 250 ml	PRAJITURA 55G	CIORBA DE PERISOARE 300 ML * MANCARE DE PASTAI 200G / 90 G ARDEI COPTI IN OTET 100G PAINE 200 gr *	TURTA DULCE 100G	SUNCA PRAGA 50 G CASCAVAL 50 G ZACUSCA 100G PAINE 100 G , CEAI 250 ML
DIABET	BR PROASPATA 50 G , SUNCA PRAGA 50 G ,UNT 20 G PAINE 100 GR , CEAI 250 ml	BR SMANT 100 BISC DIGESTIVI 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE PASTAI 200G / 90 G ARDEI COPTI IN OTET 100G PAINE 200 gr *	MAR COPT 100G COMPOT DIETETIC 150 ML	SUNCA PRAGA 50 G CASCAVAL 50 G ZACUSCA 100G PAINE 100 G , CEAI 250 ML
BILIAR /GASTRIC	BR PROASPATA 50 G , SUNCA PRAGA 50 G ,UNT 20 G PAINE 100 GR , CEAI 250 ml	EUGENIA 35 G	CIORBA DE PERISOARE 300 ML * MANCARE DE PASTAI 200G / 90 G ARDEI COPTI IN OTET 100G PAINE 200 gr *	TURTA DULCE 100G	SUNCA PRAGA 50 G CASCAVAL 50 G ZACUSCA 100G PAINE 100 G , CEAI 250 ML
HEPATIC	BR PROASPATA 50 G , SUNCA PRAGA 50 G ,UNT 20 G PAINE 100 GR , CEAI 250 ml	EUGENIA 35 G	CIORBA DE PERISOARE 300 ML * MANCARE DE PASTAI 200G / 90 G ARDEI COPTI IN OTET 100G PAINE 200 gr *	TURTA DULCE 100G	SUNCA PRAGA 50 G CASCAVAL 50 G ZACUSCA 100G PAINE 100 G , CEAI 250 ML
DESODAT	BR PROASPATA 50 G , SUNCA PRAGA 50 G ,UNT 20 G PAINE 100 GR , CEAI 250 ml	EUGENIA 35 G	CIORBA DE PERISOARE 300 ML * MANCARE DE PASTAI 200G / 90 G ARDEI COPTI IN OTET 100G PAINE 200 gr *	TURTA DULCE 100G	SUNCA PRAGA 50 G CASCAVAL 50 G ZACUSCA 100G PAINE 100 G , CEAI 250 ML

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***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

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MENIUL ZILEI DE JOI - 20.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	SALAM 50 G , TELEMEA DE VACA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU TAITEI 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G GOGOSARI CASTRAVETI IN OTET 100G , PAINE 200G	TURTA DULCE 100G HALVA 35 G	CRENVURSTI 50 G , CASCAVAL 50 G , ZACUSCA 50 G , PAINE 100G , CEAI 250 ML
CARDIACI	SALAM 50 G , TELEMEA DE VACA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU TAITEI 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G GOGOSARI CASTRAVETI IN OTET 100G , PAINE 200G	TURTA DULCE 100G HALVA 35 G	CRENVURSTI 50 G , CASCAVAL 50 G , ZACUSCA 50 G , PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	SALAM 50 G , TELEMEA DE VACA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU TAITEI 300 ML * PILAF DE OREZ CU CARNE PUI 200 G / 90 G GOGOSARI CASTRAVETI IN OTET 100G ARDEI COPTI 50 G ,PAINE 200 gr *.	TURTA DULCE 100G HALVA 35 G	CRENVURSTI 50 G , CASCAVAL 50 G , ZACUSCA 50 G , PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	SALAM 50 G , TELEMEA DE VACA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU TAITEI 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G GOGOSARI CASTRAVETI IN OTET 100G , PAINE 200G	TURTA DULCE 100G HALVA 35 G	CRENVURSTI 50 G , CASCAVAL 50 G , ZACUSCA 50 G , PAINE 100G , CEAI 250 ML
DIABET	SALAM 50 G , TELEMEA DE VACA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	BISCUITI DIGESTIVI 60 G BR SMANTANA 100 G	CIORBA DE PUI CU TAITEI 300 ML * PILAF DE OREZ CU CARNE PUI 200 G / 90 G GOGOSARI CASTRAVETI IN OTET 100G ,PAINE 200 gr *.	MAR COPT 100G COMPOT DIETETIC 150 ML	CRENVURSTI 50 G , CASCAVAL 50 G , ZACUSCA 50 G , PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	SALAM 50 G , TELEMEA DE VACA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	PRAJITURA 55G	CIORBA DE PUI CU TAITEI 300 ML * PILAF DE OREZ CU CARNE PUI 200 G / 90 G GOGOSARI CASTRAVETI IN OTET 100G ARDEI COPTI 50 G ,PAINE 200 gr *.	TURTA DULCE 100G HALVA 35 G	CRENVURSTI 50 G , CASCAVAL 50 G , ZACUSCA 50 G , PAINE 100G , CEAI 250 ML
HEPATIC	SALAM 50 G , TELEMEA DE VACA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	PRAJITURA 55G	CIORBA DE PUI CU TAITEI 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G GOGOSARI CASTRAVETI IN OTET 100G , PAINE 200G	TURTA DULCE 100G HALVA 35 G	CRENVURSTI 50 G , CASCAVAL 50 G , ZACUSCA 50 G , PAINE 100G , CEAI 250 ML
DESODAT	SALAM 50 G , TELEMEA DE VACA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	PRAJITURA 55G	CIORBA DE PUI CU TAITEI 300 ML * MANCARE DE MAZARE CU CARNATI PUI 200 G / 90 G GOGOSARI CASTRAVETI IN OTET 100G , PAINE 200G	TURTA DULCE 100G HALVA 35 G	CRENVURSTI 50 G , CASCAVAL 50 G , ZACUSCA 50 G , PAINE 100G , CEAI 250 ML

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

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***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
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***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

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JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE VINERI - 21.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CASCAVAL 50G, SUNCA PRESATA 50 G, UNT 20G, PAINE 100 GR, CEAI 250 ML	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU TAITEI 300 ML * ARDEI UMPLUT 200 G /IAURT 125 G , PAINE 200 gr *	TURTA DULCE 100G	SALATA DE VINETE 100G, TELEMEA DE VACA 50 G, SALAM 50G, PATE FICAT 100G, PAINE 100 G, CEAI 250 ML
CARDIACI	CASCAVAL 50G, SUNCA PRESATA 50 G, UNT 20G, PAINE 100 GR, CEAI 250 ML	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU TAITEI 300 ML * ARDEI UMPLUT 200 G /IAURT 125 G , PAINE 200 gr *	TURTA DULCE 100G	SALATA DE VINETE 100G, TELEMEA DE VACA 50 G, SALAM 50G, PATE FICAT 100G, PAINE 100 G, CEAI 250 ML
COPII 3-16 ANI	CASCAVAL 50G, SUNCA PRESATA 50 G, UNT 20G, PAINE 100 GR, CEAI 250 ML	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU TAITEI 300 ML * CARTOFI NATURE CU CARNE PUI 200G / 90 G , PAINE 200 gr *	TURTA DULCE 100G	SALATA DE VINETE 100G, TELEMEA DE VACA 50 G, SALAM 50G, PATE FICAT 100G, PAINE 100 G, CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CASCAVAL 50G, SUNCA PRESATA 50 G, UNT 20G, PAINE 100 GR, CEAI 250 ML	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU TAITEI 300 ML * ARDEI UMPLUT 200 G /IAURT 125 G , PAINE 200 gr *	TURTA DULCE 100G	SALATA DE VINETE 100G, TELEMEA DE VACA 50 G, SALAM 50G, PATE FICAT 100G, PAINE 100 G, CEAI 250 ML
DIABET	CASCAVAL 50G, SUNCA PRESATA 50 G, UNT 20G, PAINE 100 GR, CEAI 250 ML	BISC DIGESTIVI 50 G BR SMANTANA 100	CIORBA DE PUI CU TAITEI 300 ML * ARDEI UMPLUT 200 G /IAURT 125 G , PAINE 200 gr *	MAR 100G	SALATA DE VINETE 100G, TELEMEA DE VACA 50 G, SALAM 50G, PATE FICAT 100G, PAINE 100 G, CEAI 250 ML
BILIAR /GASTRIC	CASCAVAL 50G, SUNCA PRESATA 50 G, UNT 20G, PAINE 100 GR, CEAI 250 ML	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU TAITEI 300 ML * CARTOFI NATURE CU CARNE PUI 200G / 90 G , PAINE 200 gr *	TURTA DULCE 100G	SALATA DE VINETE 100G, TELEMEA DE VACA 50 G, SALAM 50G, PATE FICAT 100G, PAINE 100 G, CEAI 250 ML
HEPATIC	CASCAVAL 50G, SUNCA PRESATA 50 G, UNT 20G, PAINE 100 GR, CEAI 250 ML	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU TAITEI 300 ML * ARDEI UMPLUT 200 G /IAURT 125 G , PAINE 200 gr *	TURTA DULCE 100G	SALATA DE VINETE 100G, TELEMEA DE VACA 50 G, SALAM 50G, PATE FICAT 100G, PAINE 100 G, CEAI 250 ML
DESODAT	CASCAVAL 50G, SUNCA PRESATA 50 G, UNT 20G, PAINE 100 GR, CEAI 250 ML	SALAM DE BISCUITI 70 G	CIORBA DE PUI CU TAITEI 300 ML * ARDEI UMPLUT 200 G /IAURT 125 G , PAINE 200 gr *	TURTA DULCE 100G	SALATA DE VINETE 100G, TELEMEA DE VACA 50 G, SALAM 50G, PATE FICAT 100G, PAINE 100 G, CEAI 250 ML

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1 PAINE + 400 GR

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Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE SAMBATA - 22.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CASCAVAL 50 G SALAM 50 G , UNT 10G , GEM 20G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PIPOTE SI INIMI PUI 300 ML * VARZA A LA CLUJ 200G PAINE 200 gr *	TURTA DULCE 100 G	CRENVURSTI 50 G , MASLINE 50 G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
CARDIACI	CASCAVAL 50 G SALAM 50 G , UNT 10G , GEM 20G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PIPOTE SI INIMI PUI 300 ML * VARZA A LA CLUJ 200G PAINE 200 gr *	TURTA DULCE 100 G	CRENVURSTI 50 G , MASLINE 50 G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	CASCAVAL 50 G SALAM 50 G , UNT 10G , GEM 20G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PIPOTE SI INIMI PUI 300 ML * VARZA A LA CLUJ 200G PAINE 200 gr *	TURTA DULCE 100 G	CRENVURSTI 50 G , MASLINE 50 G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CASCAVAL 50 G SALAM 50 G , UNT 10G , GEM 20G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PIPOTE SI INIMI PUI 300 ML * VARZA A LA CLUJ 200G PAINE 200 gr *	TURTA DULCE 100 G	CRENVURSTI 50 G , MASLINE 50 G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
DIABET	CASCAVAL 50 G SALAM 50 G , UNT 10G , GEM 20G PAINE 100 GR ,CEAI 250 ml	BISCUITI DIGESTIVI 60 G BR SMANTANA 100 G	CIORBA DE PIPOTE SI INIMI PUI 300 ML * VARZA A LA CLUJ 200G PAINE 200 gr *	MAR 100G	CRENVURSTI 50 G , MASLINE 50 G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	CASCAVAL 50 G SALAM 50 G , UNT 10G , GEM 20G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PIPOTE SI INIMI PUI 300 ML * VARZA A LA CLUJ 200G PAINE 200 gr *	TURTA DULCE 100 G	CRENVURSTI 50 G , MASLINE 50 G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
HEPATIC	CASCAVAL 50 G SALAM 50 G , UNT 10G , GEM 20G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PIPOTE SI INIMI PUI 300 ML * VARZA A LA CLUJ 200G PAINE 200 gr *	TURTA DULCE 100 G	CRENVURSTI 50 G , MASLINE 50 G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML
DESODAT	CASCAVAL 50 G SALAM 50 G , UNT 10G , GEM 20G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 70 G	CIORBA DE PIPOTE SI INIMI PUI 300 ML * VARZA A LA CLUJ 200G PAINE 200 gr *	TURTA DULCE 100 G	CRENVURSTI 50 G , MASLINE 50 G , TELEMEA DE VACA 50G PAINE 100G , CEAI 250 ML

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JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE DUMINICA - 23.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	SUNCA PRESATA 50 G , BR PROASPATA 50 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	CIORBA DE PUI CU FIDEA 300 ML * PIURE DIN FULGI CARTOFI CU PARJOALE 200 G / 90 G ARDEI COPT IN OTET 100G , PAINE 200 gr *	PRAJITURA ALBINA 50 G	BUDINCA 150 G ,PATE FICAT 100G , SALAM 50 G PAINE 100G , CEAI 250 ML
CARDIACI	SUNCA PRESATA 50 G , BR PROASPATA 50 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	CIORBA DE PUI CU FIDEA 300 ML * PIURE DIN FULGI CARTOFI CU PARJOALE 200 G / 90 G ARDEI COPT IN OTET 100G , PAINE 200 gr *	PRAJITURA ALBINA 50 G	BUDINCA 150 G ,PATE FICAT 100G , SALAM 50 G PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	SUNCA PRESATA 50 G , BR PROASPATA 50 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	CIORBA DE PUI CU FIDEA 300 ML * PIURE DIN FULGI CARTOFI CU PARJOALE 200 G / 90 G ARDEI COPT IN OTET 100G , PAINE 200 gr *	PRAJITURA ALBINA 50 G	BUDINCA 150 G ,PATE FICAT 100G , SALAM 50 G PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	SUNCA PRESATA 50 G , BR PROASPATA 50 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	CIORBA DE PUI CU FIDEA 300 ML * PIURE DIN FULGI CARTOFI CU PARJOALE 200 G / 90 G ARDEI COPT IN OTET 100G , PAINE 200 gr *	PRAJITURA ALBINA 50 G	BUDINCA 150 G ,PATE FICAT 100G , SALAM 50 G PAINE 100G , CEAI 250 ML
DIABET	SUNCA PRESATA 50 G , BR PROASPATA 50 G PAINE 100 GR ,CEAI 250 ml	BISCUITI DIGESTIVI 50 G BR CU SMANTANA 100G	CIORBA DE PUI CU FIDEA 300 ML * PIURE DIN FULGI CARTOFI CU PARJOALE 200 G / 90 G ARDEI COPT IN OTET 100G , PAINE 200 gr *	MAR COPT 100G	BUDINCA 150 G ,PATE FICAT 100G , SALAM 50 G PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	SUNCA PRESATA 50 G , BR PROASPATA 50 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	CIORBA DE PUI CU FIDEA 300 ML * PIURE DIN FULGI CARTOFI CU CARNE PUI 200 G / 90 G ARDEI COPT IN OTET 100G , PAINE 200 gr *	PRAJITURA ALBINA 50 G	BUDINCA 150 G ,PATE FICAT 100G , SALAM 50 G PAINE 100G , CEAI 250 ML
HEPATIC	SUNCA PRESATA 50 G , BR PROASPATA 50 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	CIORBA DE PUI CU FIDEA 300 ML * PIURE DIN FULGI CARTOFI CU PARJOALE 200 G / 90 G ARDEI COPT IN OTET 100G , PAINE 200 gr *	PRAJITURA ALBINA 50 G	BUDINCA 150 G ,PATE FICAT 100G , SALAM 50 G PAINE 100G , CEAI 250 ML
DESODAT	SUNCA PRESATA 50 G , BR PROASPATA 50 G PAINE 100 GR ,CEAI 250 ml	CORN 50 G	CIORBA DE PUI CU FIDEA 300 ML * PIURE DIN FULGI CARTOFI CU PARJOALE 200 G / 90 G ARDEI COPT IN OTET 100G , PAINE 200 gr *	PRAJITURA ALBINA 50 G	BUDINCA 150 G ,PATE FICAT 100G , SALAM 50 G PAINE 100G , CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
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CPIAAM
AS. CIOBANU ANDREEA