SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

APROBAT
MANAGER

Av. STROE ADRIANA

MENIU SAPTAMANAL

ACEST MENIU POATE SUFERI MODIFICARI IN FUNCTIE DE RECOMANDARILE MEDICALE, DE NECESITATILE NUTRITIONALE ALE PACIENTILOR SAU DE DISPONIBILITATEA ALIMENTELOR

24.08.2026 - 30.08.2026

NR. 2347 / 24.08.2026

DIRECTOR MEDICAL,
DR. MOISESCU VLAD ANDREI

DIRECTOR FIN. CONTABIL,
EC. CEAPA SOFICA

CPIAAM,
AS. PR. IG. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE LUNI - 24.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	TELEMEA DE VACA 50 G / CASCAVAL 50 G SUNCA PRESATA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 55G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PILAF DE OREZ CU CARNE PUI 200 G / 90 G GOGOSARI /CASTRAVETI IN OTET 100G ,PAINE 200 gr *	CORN 60G COMPOT GUTUI 150 ML	OU FIERT 60 G , CRENVURSTI 50 G , PATE FICAT 100G PAINE 100G , CEAI 250 ML
CARDIACI	TELEMEA DE VACA 50 G / CASCAVAL 50 G SUNCA PRESATA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 55G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PILAF DE OREZ CU CARNE PUI 200 G / 90 G GOGOSARI /CASTRAVETI IN OTET 100G ,PAINE 200 gr *	CORN 60G COMPOT GUTUI 150 ML	OU FIERT 60 G , CRENVURSTI 50 G , PATE FICAT 100G PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	TELEMEA DE VACA 50 G / CASCAVAL 50 G SUNCA PRESATA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 55G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PILAF DE OREZ CU CARNE PUI 200 G / 90 G GOGOSARI /CASTRAVETI IN OTET 100G ,PAINE 200 gr *	CORN 60G COMPOT GUTUI 150 ML	OU FIERT 60 G , CRENVURSTI 50 G , PATE FICAT 100G PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	TELEMEA DE VACA 50 G / CASCAVAL 50 G SUNCA PRESATA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 55G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PILAF DE OREZ CU CARNE PUI 200 G / 90 G GOGOSARI /CASTRAVETI IN OTET 100G ,PAINE 200 gr *	CORN 60G COMPOT GUTUI 150 ML	OU FIERT 60 G , CRENVURSTI 50 G , PATE FICAT 100G PAINE 100G , CEAI 250 ML
DIABET	TELEMEA DE VACA 50 G / CASCAVAL 50 G SUNCA PRESATA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	BISCUITI DIGESTIVI 50 G BR CU SMANTANA 100G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PILAF DE OREZ CU CARNE PUI 200 G / 90 G GOGOSARI /CASTRAVETI IN OTET 100G ,PAINE 200 gr *	COMPOT DIETETIC 150 ML	OU FIERT 60 G , CRENVURSTI 50 G , PATE FICAT 100G PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	TELEMEA DE VACA 50 G / CASCAVAL 50 G SUNCA PRESATA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 55G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PILAF DE OREZ CU CARNE PUI 200 G / 90 G GOGOSARI /CASTRAVETI IN OTET 100G ,PAINE 200 gr *	CORN 60G COMPOT GUTUI 150 ML	OU FIERT 60 G , CRENVURSTI 50 G , PATE FICAT 100G PAINE 100G , CEAI 250 ML
HEPATIC	TELEMEA DE VACA 50 G / CASCAVAL 50 G SUNCA PRESATA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 55G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PILAF DE OREZ CU CARNE PUI 200 G / 90 G GOGOSARI /CASTRAVETI IN OTET 100G ,PAINE 200 gr *	CORN 60G COMPOT GUTUI 150 ML	OU FIERT 60 G , CRENVURSTI 50 G , PATE FICAT 100G PAINE 100G , CEAI 250 ML
DESODAT	TELEMEA DE VACA 50 G / CASCAVAL 50 G SUNCA PRESATA 50 G , MASLINE 50 G PAINE 100 GR ,CEAI 250 ml	NAPOLITANA 55G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PILAF DE OREZ CU CARNE PUI 200 G / 90 G GOGOSARI /CASTRAVETI IN OTET 100G ,PAINE 200 gr *	CORN 60G COMPOT GUTUI 150 ML	OU FIERT 60 G , CRENVURSTI 50 G , PATE FICAT 100G PAINE 100G , CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE MARTI - 25.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	SUNCA PRESATA 50 G, ZACUSCA 100G , MASLINE 50G PAINE 100 G , CEAI 250 ML	BISCUITI PETIT 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC CU CARNE PUI 200G / 90 G PAINE 200 gr *	SALAM DE BISCUITI 70 G COMPOT 150 ML	UNT 20 G , GEM 20 G , CASCAVAL 50 PAINE 100G ,CRENVURSTI 50 G CEAI 250 ML
CARDIACI	SUNCA PRESATA 50 G, ZACUSCA 100G , MASLINE 50G PAINE 100 G , CEAI 250 ML	BISCUITI PETIT 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC CU CARNE PUI 200G / 90 G PAINE 200 gr *	SALAM DE BISCUITI 70 G COMPOT 150 ML	UNT 20 G , GEM 20 G , CASCAVAL 50 PAINE 100G ,CRENVURSTI 50 G CEAI 250 ML
COPII 3-16 ANI	SUNCA PRESATA 50 G, ZACUSCA 100G , MASLINE 50G PAINE 100 G , CEAI 250 ML	BISCUITI PETIT 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC CU CARNE PUI 200G / 90 G PAINE 200 gr *	SALAM DE BISCUITI 70 G COMPOT 150 ML	UNT 20 G , GEM 20 G , CASCAVAL 50 PAINE 100G ,CRENVURSTI 50 G CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	SUNCA PRESATA 50 G, ZACUSCA 100G , MASLINE 50G PAINE 100 G , CEAI 250 ML	BISCUITI PETIT 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC CU CARNE PUI 200G / 90 G PAINE 200 gr *	SALAM DE BISCUITI 70 G COMPOT 150 ML	UNT 20 G , GEM 20 G , CASCAVAL 50 PAINE 100G ,CRENVURSTI 50 G CEAI 250 ML
DIABET	SUNCA PRESATA 50 G, ZACUSCA 100G , MASLINE 50G PAINE 100 G , CEAI 250 ML	BISC DIGESTIVI 50 G BR SMANT 100G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC CU CARNE PUI 200G / 90 G PAINE 200 gr *	COMPOT DIETETIC 150 ML	UNT 20 G , GEM 20 G , CASCAVAL 50 PAINE 100G ,CRENVURSTI 50 G CEAI 250 ML
BILIAR /GASTRIC	SUNCA PRESATA 50 G, ZACUSCA 100G , MASLINE 50G PAINE 100 G , CEAI 250 ML	BISCUITI PETIT 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC CU CARNE PUI 200G / 90 G PAINE 200 gr *	SALAM DE BISCUITI 70 G COMPOT 150 ML	UNT 20 G , GEM 20 G , CASCAVAL 50 PAINE 100G ,CRENVURSTI 50 G CEAI 250 ML
HEPATIC	SUNCA PRESATA 50 G, ZACUSCA 100G , MASLINE 50G PAINE 100 G , CEAI 250 ML	BISCUITI PETIT 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC CU CARNE PUI 200G / 90 G PAINE 200 gr *	SALAM DE BISCUITI 70 G COMPOT 150 ML	UNT 20 G , GEM 20 G , CASCAVAL 50 PAINE 100G ,CRENVURSTI 50 G CEAI 250 ML
DESODAT	SUNCA PRESATA 50 G, ZACUSCA 100G , MASLINE 50G PAINE 100 G , CEAI 250 ML	BISCUITI PETIT 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE SPANAC CU CARNE PUI 200G / 90 G PAINE 200 gr *	SALAM DE BISCUITI 70 G COMPOT 150 ML	UNT 20 G , GEM 20 G , CASCAVAL 50 PAINE 100G ,CRENVURSTI 50 G CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE MIERCURI -26.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	TELEMEA DE VACA * 50 G, SALAM 50 GR, PAINE 100 GR ,CEAI 250 ml	PRAJITURA 45G	CIORBA DE PUI CU FIDEA 300 ML * ARDEI UMPLUT 200G PAINE 200G *	TURTA DULCE 100G, COMPOT 150 ML	BUDINCA 100G , SUNCA PRESATA 50 G, PAINE 100G, CEAI 250 ML
CARDIACI	TELEMEA DE VACA * 50 G, SALAM 50 GR, PAINE 100 GR ,CEAI 250 ml	PRAJITURA 45G	CIORBA DE PUI CU FIDEA 300 ML * ARDEI UMPLUT 200G PAINE 200G *	TURTA DULCE 100G, COMPOT 150 ML	BUDINCA 100G , SUNCA PRESATA 50 G, PAINE 100G, CEAI 250 ML
COPII 3-16 ANI	TELEMEA DE VACA * 50 G, SALAM 50 GR, PAINE 100 GR ,CEAI 250 ml	PRAJITURA 45G	CIORBA DE PUI CU FIDEA 300 ML * ARDEI UMPLUT 200G PAINE 200G *	TURTA DULCE 100G, COMPOT 150 ML	BUDINCA 100G , SUNCA PRESATA 50 G, PAINE 100G, CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	TELEMEA DE VACA * 50 G, SALAM 50 GR, PAINE 100 GR ,CEAI 250 ml	PRAJITURA 45G	CIORBA DE PUI CU FIDEA 300 ML * ARDEI UMPLUT 200G PAINE 200G *	TURTA DULCE 100G, COMPOT 150 ML	BUDINCA 100G , SUNCA PRESATA 50 G, PAINE 100G, CEAI 250 ML
DIABET	TELEMEA DE VACA * 50 G, SALAM 50 GR, PAINE 100 GR ,CEAI 250 ml	BISC DIGESTIVI 50 G BR SMANTANA 100 G	CIORBA DE PUI CU FIDEA 300 ML * ARDEI UMPLUT 200G PAINE 200G *	MAR 100 G COMPOT DIETETIC 150 ML	BUDINCA 100G , SUNCA PRESATA 50 G, PAINE 100G, CEAI 250 ML
BILIAR /GASTRIC	TELEMEA DE VACA * 50 G, SALAM 50 GR, PAINE 100 GR ,CEAI 250 ml	PRAJITURA 45G	CIORBA DE PUI CU FIDEA 300 ML * ARDEI UMPLUT 200G PAINE 200G *	TURTA DULCE 100G, COMPOT 150 ML	BUDINCA 100G , SUNCA PRESATA 50 G, PAINE 100G, CEAI 250 ML
HEPATIC	TELEMEA DE VACA * 50 G, SALAM 50 GR, PAINE 100 GR ,CEAI 250 ml	PRAJITURA 45G	CIORBA DE PUI CU FIDEA 300 ML * ARDEI UMPLUT 200G PAINE 200G *	TURTA DULCE 100G, COMPOT 150 ML	BUDINCA 100G , SUNCA PRESATA 50 G, PAINE 100G, CEAI 250 ML
DESODAT	TELEMEA DE VACA * 50 G, SALAM 50 GR, PAINE 100 GR ,CEAI 250 ml	PRAJITURA 45G	CIORBA DE PUI CU FIDEA 300 ML * ARDEI UMPLUT 200G PAINE 200G *	TURTA DULCE 100G, COMPOT 150 ML	BUDINCA 100G , SUNCA PRESATA 50 G, PAINE 100G, CEAI 250 ML

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE JOI -27.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CSCAVAL 50G * CRENVURSTI 50 G , PAINE 100 GR * , CEAI 250 ml	CORN 50 G	CIORBA DE PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200G / 90 G , ,PAINE 200 gr *	BISC PETIT 50 G	BR PROASPATA /BR CU SMANTANA 50 G , SALAM 50 G , SALATA DE VINETE 50 G PAINE 100 G , CEAI 250 ML
CARDIACI	CSCAVAL 50G * CRENVURSTI 50 G , PAINE 100 GR * , CEAI 250 ml	CORN 50 G	CIORBA DE PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200G / 90 G , ,PAINE 200 gr *	BISC PETIT 50 G	BR PROASPATA /BR CU SMANTANA 50 G , SALAM 50 G , SALATA DE VINETE 50 G PAINE 100 G , CEAI 250 ML
COPII 3-16 ANI	CSCAVAL 50G * CRENVURSTI 50 G , PAINE 100 GR * , CEAI 250 ml	CORN 50 G	CIORBA DE PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200G / 90 G , ,PAINE 200 gr *	BISC PETIT 50 G	BR PROASPATA /BR CU SMANTANA 50 G , SALAM 50 G , SALATA DE VINETE 50 G PAINE 100 G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CSCAVAL 50G * CRENVURSTI 50 G , PAINE 100 GR * , CEAI 250 ml	CORN 50 G	CIORBA DE PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200G / 90 G , ,PAINE 200 gr *	BISC PETIT 50 G	BR PROASPATA /BR CU SMANTANA 50 G , SALAM 50 G , SALATA DE VINETE 50 G PAINE 100 G , CEAI 250 ML
DIABET	CSCAVAL 50G * CRENVURSTI 50 G , PAINE 100 GR * , CEAI 250 ml	BR SMANTANA 100G BISC DIGESTIVI 50 G	CIORBA DE PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200G / 90 G , ,PAINE 200 gr *	MAR 100G	BR PROASPATA /BR CU SMANTANA 50 G , SALAM 50 G , SALATA DE VINETE 50 G PAINE 100 G , CEAI 250 ML
BILIAR /GASTRIC	CSCAVAL 50G * CRENVURSTI 50 G , PAINE 100 GR * , CEAI 250 ml	NAPOLITANA 50G	CIORBA DE PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200G / 90 G , ,PAINE 200 gr *	BISC PETIT 50 G	BR PROASPATA /BR CU SMANTANA 50 G , SALAM 50 G , SALATA DE VINETE 50 G PAINE 100 G , CEAI 250 ML
HEPATIC	CSCAVAL 50G * CRENVURSTI 50 G , PAINE 100 GR * , CEAI 250 ml	NAPOLITANA 50G	CIORBA DE PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200G / 90 G , ,PAINE 200 gr *	BISC PETIT 50 G	BR PROASPATA /BR CU SMANTANA 50 G , SALAM 50 G , SALATA DE VINETE 50 G PAINE 100 G , CEAI 250 ML
DESODAT	CSCAVAL 50G * CRENVURSTI 50 G , PAINE 100 GR * , CEAI 250 ml	NAPOLITANA 50G	CIORBA DE PUI 300 ML * TOCANA DE LEGUME CU CARNE PUI 200G / 90 G , ,PAINE 200 gr *	BISC PETIT 50 G	BR PROASPATA /BR CU SMANTANA 50 G , SALAM 50 G , SALATA DE VINETE 50 G PAINE 100 G , CEAI 250 ML

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE VINERI - 28.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CRENVURSTI 50 G OU FIERT 60 G *, MASLINE 50 G, TELEMEA DE VACA 50G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNE PUI 200/90 G ARDEI COPT IN OTET 100G ,PAINE 200 gr *,	GRISINE 70 G COMPOT 150 ML	PASTE FAINOASE CUSOS SI CARNATI 200G , CASCAVAL 50 G PAINE 100G , CEAI 250 ML
CARDIACI	CRENVURSTI 50 G OU FIERT 60 G *, MASLINE 50 G, TELEMEA DE VACA 50G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNE PUI 200/90 G ARDEI COPT IN OTET 100G ,PAINE 200 gr *,	GRISINE 70 G COMPOT 150 ML	PASTE FAINOASE CUSOS SI CARNATI 200G , CASCAVAL 50 G PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	CRENVURSTI 50 G OU FIERT 60 G *, MASLINE 50 G, TELEMEA DE VACA 50G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 50 G	CIORBA DE PERISOARE 300 ML * CARTOFI NATURE CU CARNE PUI 200/90 G ARDEI COPT IN OTET 100G ,PAINE 200 gr *,	GRISINE 70 G COMPOT 150 ML	PASTE FAINOASE CUSOS SI CARNATI 200G , CASCAVAL 50 G PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CRENVURSTI 50 G OU FIERT 60 G *, MASLINE 50 G, TELEMEA DE VACA 50G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNE PUI 200/90 G ARDEI COPT IN OTET 100G ,PAINE 200 gr *,	GRISINE 70 G COMPOT 150 ML	PASTE FAINOASE CUSOS SI CARNATI 200G , CASCAVAL 50 G PAINE 100G , CEAI 250 ML
DIABET	CRENVURSTI 50 G OU FIERT 60 G *, MASLINE 50 G, TELEMEA DE VACA 50G PAINE 100 GR ,CEAI 250 ml	BISCUITI DIGESTIVI 60 G BR SMANTANA 100 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNE PUI 200/90 G ARDEI COPT IN OTET 100G ,PAINE 200 gr *,	COMPOT DIETETIC 150 ML GRISINE 70 G	PASTE FAINOASE CUSOS SI CARNATI 200G , CASCAVAL 50 G PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	CRENVURSTI 50 G OU FIERT 60 G *, MASLINE 50 G, TELEMEA DE VACA 50G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 50 G	CIORBA DE PERISOARE 300 ML * CARTOFI NATURE CU CARNE PUI 200/90 G ARDEI COPT IN OTET 100G ,PAINE 200 gr *,	GRISINE 70 G COMPOT 150 ML	PASTE FAINOASE CUSOS SI CARNATI 200G , CASCAVAL 50 G PAINE 100G , CEAI 250 ML
HEPATIC	CRENVURSTI 50 G OU FIERT 60 G *, MASLINE 50 G, TELEMEA DE VACA 50G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNE PUI 200/90 G ARDEI COPT IN OTET 100G ,PAINE 200 gr *,	GRISINE 70 G COMPOT 150 ML	PASTE FAINOASE CUSOS SI CARNATI 200G , CASCAVAL 50 G PAINE 100G , CEAI 250 ML
DESODAT	CRENVURSTI 50 G OU FIERT 60 G *, MASLINE 50 G, TELEMEA DE VACA 50G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUITI 50 G	CIORBA DE PERISOARE 300 ML * MANCARE DE MAZARE CU CARNE PUI 200/90 G ARDEI COPT IN OTET 100G ,PAINE 200 gr *,	GRISINE 70 G COMPOT 150 ML	PASTE FAINOASE CUSOS SI CARNATI 200G , CASCAVAL 50 G PAINE 100G , CEAI 250 ML

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE SAMBATA- 29.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	SUNCA PRAGA 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUTI 70 G	CIORBA DE PIPOTE SI INMI PUI 300 ML * VARZA ALA CLUJ 200 G / CARNATI 90 G PAINE 100 gr * / MAMALIGA 150 G	TURTA DULCE 100G	CASCAVAL 50 G , SALAM 50 G , UNT 20G , GEM 20G , OU FIERT 60 G PAINE 100G , CEAI 250 ML
CARDIACI	SUNCA PRAGA 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUTI 70 G	CIORBA DE PIPOTE SI INMI PUI 300 ML * VARZA ALA CLUJ 200 G / CARNATI 90 G PAINE 100 gr * / MAMALIGA 150 G	TURTA DULCE 100G	CASCAVAL 50 G , SALAM 50 G , UNT 20G , GEM 20G , OU FIERT 60 G PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	SUNCA PRAGA 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUTI 70 G	CIORBA DE PIPOTE SI INMI PUI 300 ML * VARZA ALA CLUJ 200 G / CARNATI 90 G PAINE 100 gr * / MAMALIGA 150 G	TURTA DULCE 100G	CASCAVAL 50 G , SALAM 50 G , UNT 20G , GEM 20G , OU FIERT 60 G PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	SUNCA PRAGA 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUTI 70 G	CIORBA DE PIPOTE SI INMI PUI 300 ML * VARZA ALA CLUJ 200 G / CARNATI 90 G PAINE 100 gr * / MAMALIGA 150 G	TURTA DULCE 100G	CASCAVAL 50 G , SALAM 50 G , UNT 20G , GEM 20G , OU FIERT 60 G PAINE 100G , CEAI 250 ML
DIABET	SUNCA PRAGA 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	BISCUITI 50 G BR SMANTANA 100 G	CIORBA DE PIPOTE SI INMI PUI 300 ML * VARZA ALA CLUJ 200 G / CARNATI 90 G PAINE 100 gr * / MAMALIGA 150 G	MAR 100G	CASCAVAL 50 G , SALAM 50 G , UNT 20G , GEM 20G , OU FIERT 60 G PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	SUNCA PRAGA 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUTI 70 G	CIORBA DE PIPOTE SI INMI PUI 300 ML * VARZA ALA CLUJ 200 G / CARNATI 90 G PAINE 100 gr * / MAMALIGA 150 G	TURTA DULCE 100G	CASCAVAL 50 G , SALAM 50 G , UNT 20G , GEM 20G , OU FIERT 60 G PAINE 100G , CEAI 250 ML
HEPATIC	SUNCA PRAGA 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUTI 70 G	CIORBA DE PIPOTE SI INMI PUI 300 ML * VARZA ALA CLUJ 200 G / CARNATI 90 G PAINE 100 gr * / MAMALIGA 150 G	TURTA DULCE 100G	CASCAVAL 50 G , SALAM 50 G , UNT 20G , GEM 20G , OU FIERT 60 G PAINE 100G , CEAI 250 ML
DESODAT	SUNCA PRAGA 50 G , TELEMEA DE VACA 50 G PAINE 100 GR ,CEAI 250 ml	SALAM DE BISCUTI 70 G	CIORBA DE PIPOTE SI INMI PUI 300 ML * VARZA ALA CLUJ 200 G / CARNATI 90 G PAINE 100 gr * / MAMALIGA 150 G	TURTA DULCE 100G	CASCAVAL 50 G , SALAM 50 G , UNT 20G , GEM 20G , OU FIERT 60 G PAINE 100G , CEAI 250 ML

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA

***Substante care cauzeaza alergii sau intolerante alimentare :**
***CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE**
***OUA SI PRODUSE DERIVATE**
***PESTE SI PRODUSE DERIVATE**
***LAPTE SI PRODUSE DERIVATE**
*** PRODUS CONGELAT**
1 PAINE + 400 GR

SPITALUL ORASENESC TANDAREI
JUDETUL IALOMITA

Se Aproba,
MANAGER,
AV . STROE ADRIANA

MENIUL ZILEI DE DUMINICA - 30.08.2026

REGIM	DIMINEATA	GUSTARE 10	PRANZ	GUSTARE 16	SEARA
COMUN	CRENVURSTI 50 G , BR PROASPATA 50 G, PAINE 100 GR ,CEAI 250 ml	CORN 60 G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PIURE DIN FULGI CARTOFI CU CHIFTELUTE MARINATE 200G /90 G PAINE 200 gr *	TURTA DULCE 100G COMPOT PIERSICI 150 ML	CASCAVAL 50 g , SUNCA 50 G UNT 20G , GEM 20 G PAINE 100G , CEAI 250 ML
CARDIACI	CRENVURSTI 50 G , BR PROASPATA 50 G, PAINE 100 GR ,CEAI 250 ml	CORN 60 G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PIURE DIN FULGI CARTOFI CU CHIFTELUTE MARINATE 200G /90 G PAINE 200 gr *	TURTA DULCE 100G COMPOT PIERSICI 150 ML	CASCAVAL 50 g , SUNCA 50 G UNT 20G , GEM 20 G PAINE 100G , CEAI 250 ML
COPII 3-16 ANI	CRENVURSTI 50 G , BR PROASPATA 50 G, PAINE 100 GR ,CEAI 250 ml	CORN 60 G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PIURE DIN FULGI CARTOFI CU CHIFTELUTE MARINATE 200G /90 G PAINE 200 gr *	TURTA DULCE 100G COMPOT PIERSICI 150 ML	CASCAVAL 50 g , SUNCA 50 G UNT 20G , GEM 20 G PAINE 100G , CEAI 250 ML
COPII 0-3 ANI	CRENVURSTI 50 G , BR PROASPATA 50 G, PAINE 100 GR ,CEAI 250 ml	CORN 60 G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PIURE DIN FULGI CARTOFI CU CHIFTELUTE MARINATE 200G /90 G PAINE 200 gr *	TURTA DULCE 100G COMPOT PIERSICI 150 ML	CASCAVAL 50 g , SUNCA 50 G UNT 20G , GEM 20 G PAINE 100G , CEAI 250 ML
HIDRIC	CEAI NEINDULCIT 250 ML		SUPA STRECURATA 250 ML		CEAI NEINDULCIT 250ML
INSOTITORI	CRENVURSTI 50 G , BR PROASPATA 50 G, PAINE 100 GR ,CEAI 250 ml	CORN 60 G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PIURE DIN FULGI CARTOFI CU CHIFTELUTE MARINATE 200G /90 G PAINE 200 gr *	TURTA DULCE 100G COMPOT PIERSICI 150 ML	CASCAVAL 50 g , SUNCA 50 G UNT 20G , GEM 20 G PAINE 100G , CEAI 250 ML
DIABET	CRENVURSTI 50 G , BR PROASPATA 50 G, PAINE 100 GR ,CEAI 250 ml	BISCUITI DIGESTIVI 60 G BR SMANTANA 100 G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PIURE DIN FULGI CARTOFI CU CHIFTELUTE MARINATE 200G /90 G PAINE 200 gr *	MAR 100G COMPOT 150 ML	CASCAVAL 50 g , SUNCA 50 G UNT 20G , GEM 20 G PAINE 100G , CEAI 250 ML
BILIAR /GASTRIC	CRENVURSTI 50 G , BR PROASPATA 50 G, PAINE 100 GR ,CEAI 250 ml	CORN 60 G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PIURE DIN FULGI CARTOFI CU CHIFTELUTE MARINATE 200G /90 G PAINE 200 gr *	TURTA DULCE 100G COMPOT PIERSICI 150 ML	CASCAVAL 50 g , SUNCA 50 G UNT 20G , GEM 20 G PAINE 100G , CEAI 250 ML
HEPATIC	CRENVURSTI 50 G , BR PROASPATA 50 G, PAINE 100 GR ,CEAI 250 ml	CORN 60 G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PIURE DIN FULGI CARTOFI CU CHIFTELUTE MARINATE 200G /90 G PAINE 200 gr *	TURTA DULCE 100G COMPOT PIERSICI 150 ML	CASCAVAL 50 g , SUNCA 50 G UNT 20G , GEM 20 G PAINE 100G , CEAI 250 ML
DESODAT	CRENVURSTI 50 G , BR PROASPATA 50 G, PAINE 100 GR ,CEAI 250 ml	CORN 60 G	SUPA DE GALUSTE CU CARNE PUI 300 ML * PIURE DIN FULGI CARTOFI CU CHIFTELUTE MARINATE 200G /90 G PAINE 200 gr *	TURTA DULCE 100G COMPOT PIERSICI 150 ML	CASCAVAL 50 g , SUNCA 50 G UNT 20G , GEM 20 G PAINE 100G , CEAI 250 ML

*Substante care cauzeaza alergii sau intolerante alimentare :
*CEREALE CARE CONTIN GLUTEN SI PRODUSE DERIVATE
*OUA SI PRODUSE DERIVATE
*PESTE SI PRODUSE DERIVATE
*LAPTE SI PRODUSE DERIVATE
* PRODUS CONGELAT
1 PAINE + 400 GR

DIRECTOR MEDICAL
DR. MOISESCU VLAD ANDREI

DIR. FIN CONTABIL ,
EC. CEAPA SOFICA

CPIAAM
AS. CIOBANU ANDREEA